Supporting Educators in the Age of Covid

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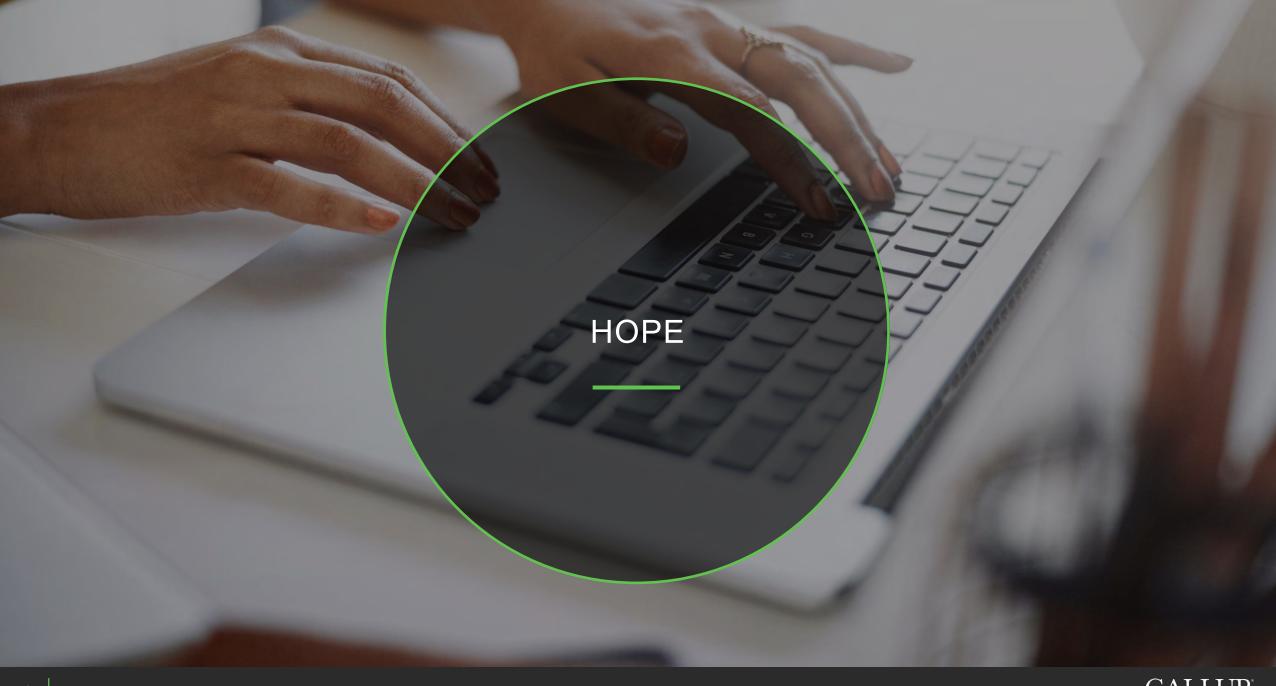


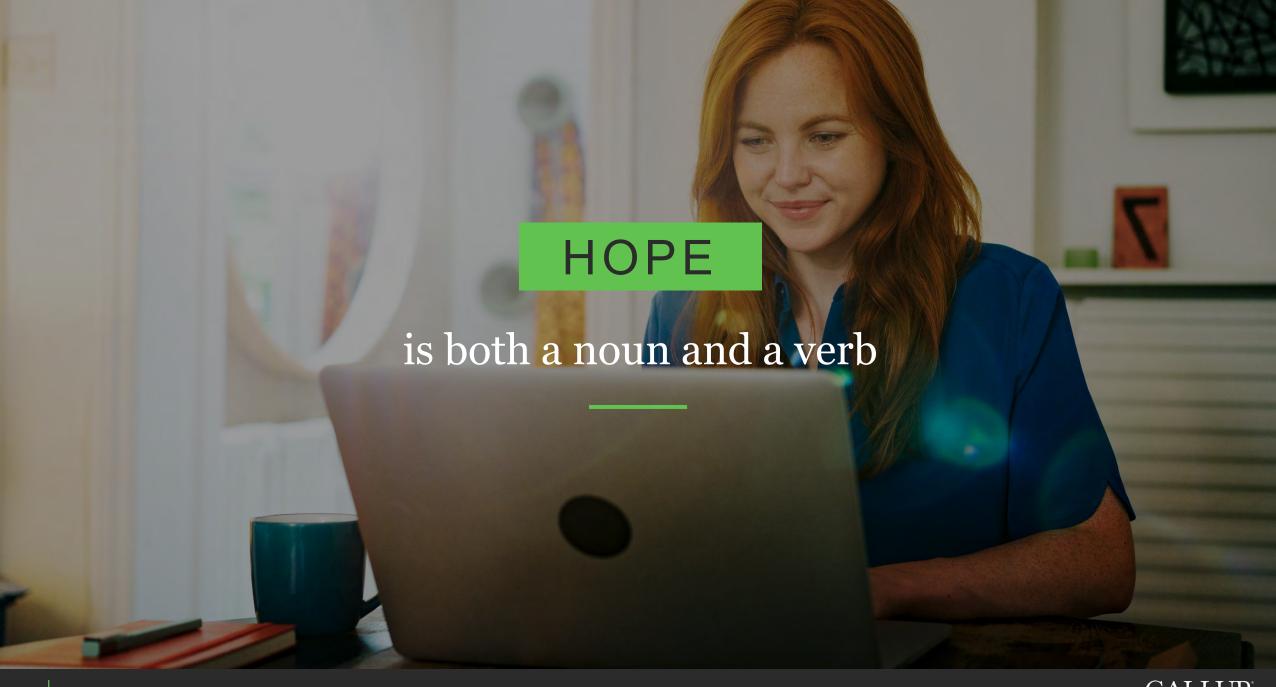


Donald O. Clifton,
Father of Strengths
Psychology
and Inventor of
CliftonStrengths

(1924-2003)

"What will happen
when we think about what is right
with people rather than fixating
on what is wrong with them?"





"Hope comes into its own when crisis looms, opening us to new creative possibilities."

— BARBARA FREDRICKSON



"[Hope is] the belief that the future will be better than the present, along with the belief that you have the power to make it so."

— SHANE LOPEZ



What Do We Mean by "Hope?"

Hope happens when you have ideas and energy to achieve future goals.

GOALS

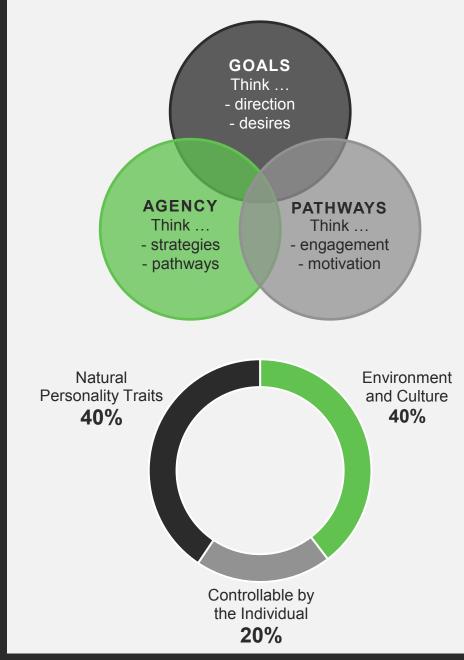
- Hope is built from the goals that matter most to us the ones we come back to time and time again.
- What are our desires and wishes for the future? Do we make these specific and meaningful?

AGENCY

- We take responsibility for moving towards our goals.
- How do we get from here to there? How do each of us contribute to the strategy?

PATHWAYS

- We identify multiple routes to our goals.
- How do we engage and motivate our humans (with all of their unique pathways) to carry us forward? How do we keep equipping (and valuing) their problem-solving potential?



Goals/Re-Goaling

- Circumstances have changed.
- Accept the change.
- Re-evaluate what is possible now.



Energy

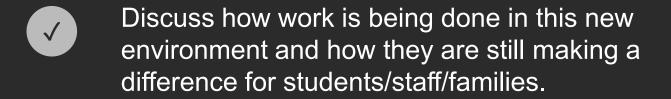
Have frequent check-Ins.

Seek to understand what is challenging them in the moment.

"Preserve and recruit" extra agencywho are the most hopeful among us? How do we multiply that?



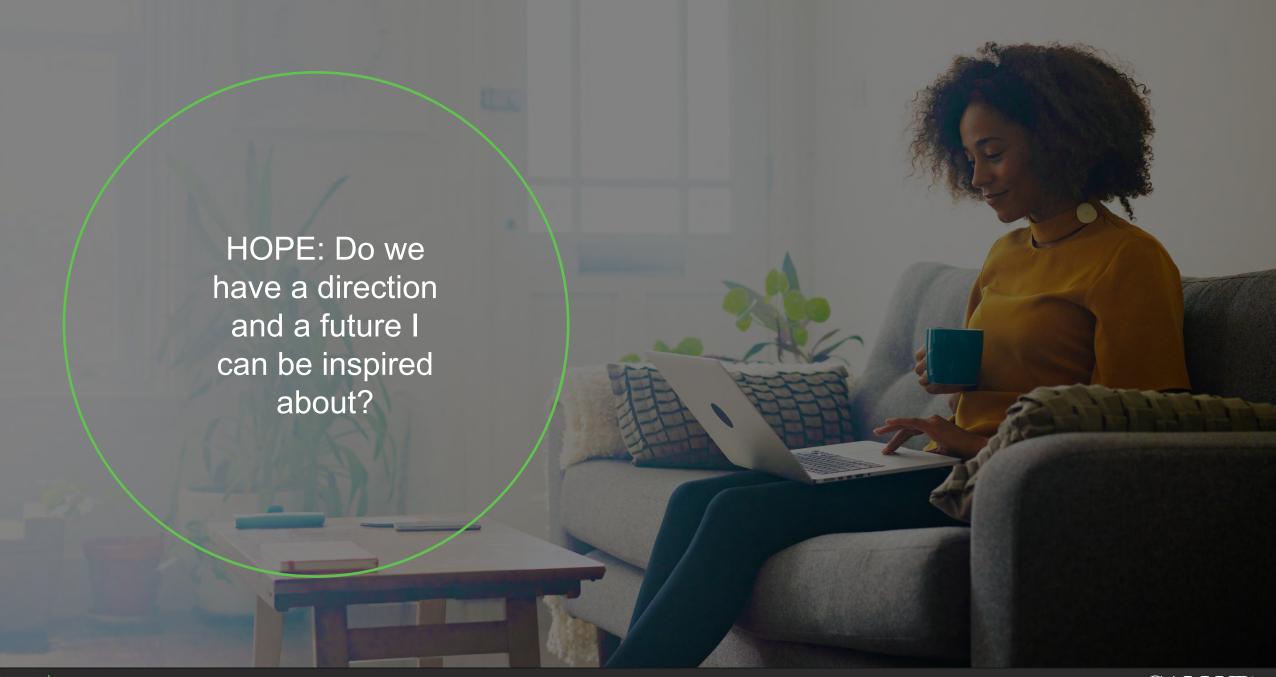
Ideas



What are the micro-moments of joy that are happening all around you? Share yours. Ask about that with others.

How is each employee contributing in a valuable way? Do **they** know we know that? What has stayed the same to emphasize about this mission-driven work?





Inspire Others

Encourage others using positivity, foresight, confidence, questioning and recognition.



Write a note or a text right now to someone you know in your school or on your team...

Describe the behavior, attitude, or moment you could multiply and why you are grateful....



The trick is not to *provide* hope.

You must *create* hope through meaningful conversations.

Ask Questions That Build a Hopeful Future

- What gives you hope right now?
- What are you unsure about in the future regarding work, and how could I help you feel more confident about it?
- What would you like to do more of that would play to your strengths?
- How does your work connect to the mission or purpose of our organization?

"Humans are made for collaborating"

we like music.....we eat.....we laugh...





Be prepared to share....

One thing you are grateful for.....

One thing you are doing better than before.....

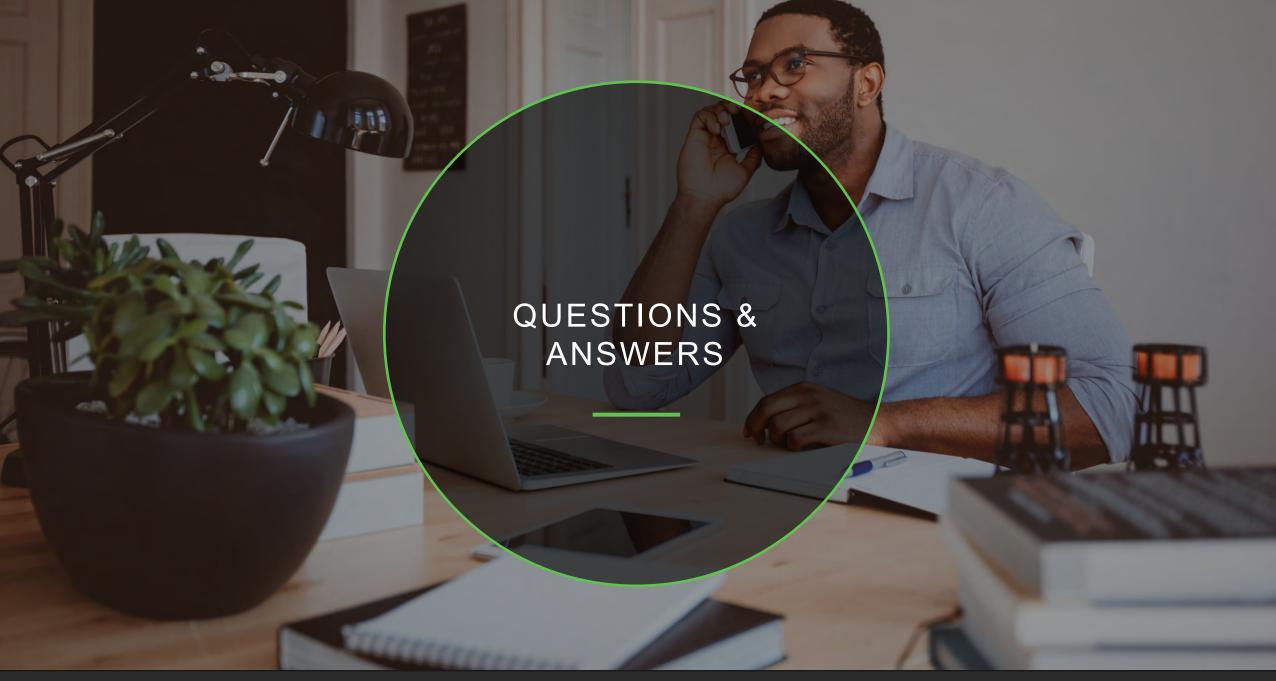
A person or event that keeps you inspired....

Further Information

- Gallup Business Journal interview with Shane Lopez: https://news.gallup.com/businessjournal/160718/bott om-line-benefits-hope.aspx
- Called to Coach interview with Shane Lopez: https://www.gallup.com/cliftonstrengths/en/251522/cliftonstrengths-drives-hope-workplace-engagement.aspx







CliftonStrengths® Measures the Presence of Talent in 34 Themes

Themes are a starting point for naming your talents and talking about them with others.

Achiever

Activator

Adaptability

Analytical

Arranger

Belief

Command

Communication

Competition

Connectedness

Consistency

Context

Deliberative

Developer

Discipline

Empathy

Focus

Futuristic

Harmony

Ideation

Includer

Individualization

Input

Intellection

Learner

Maximizer

Positivity

Relator

Responsibility

Restorative

Self-Assurance

Significance

Strategic

Woo



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